





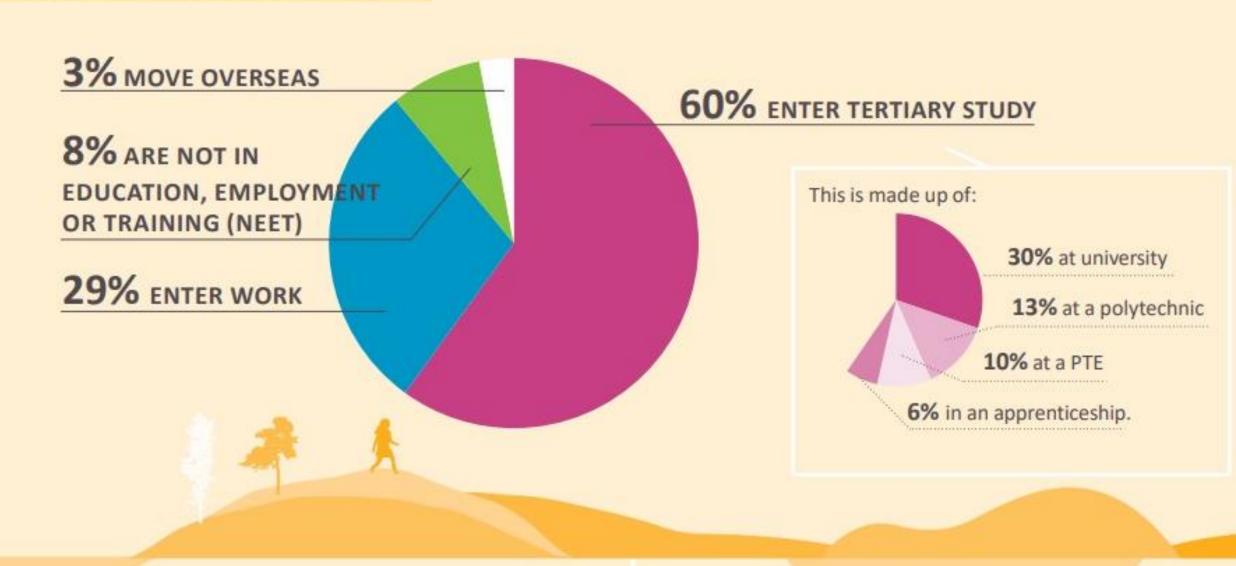
## OUTWARD BOUND WHAKATIPU PROGRAMME





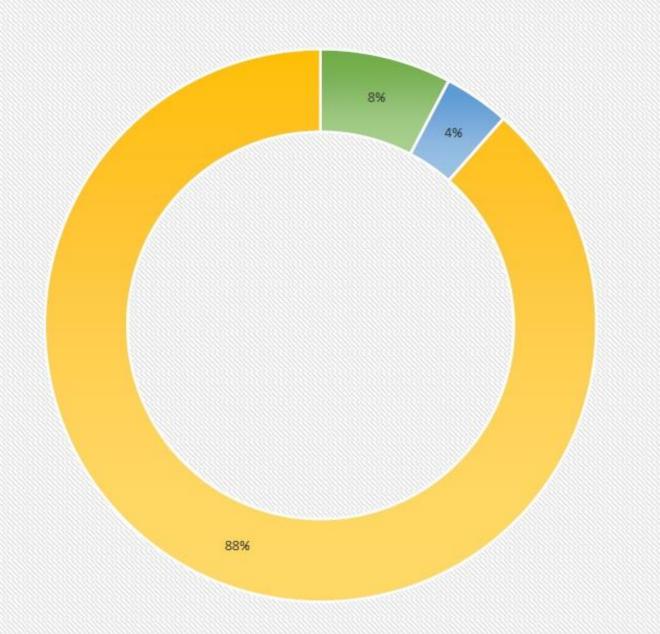


## WHERE DO THEY GO NEXT?





## DO YOU KNOW WHAT SOFT SKILLS ARE?



- = I have some idea of what they are
- Yes
- = No



Our mahi – Student experience	Course objectives	Post course outcomes
Whakawhanaungatanga - Working in a team Students have the opportunity to practice communication and teamwork skills. They give and receive feedback, plan and organize together, problem solve and support each other	<ul> <li>Building positive identity (strengths focus)</li> <li>Self-management</li> <li>Social awareness</li> </ul>	<ul> <li>Confidence to communicate with a wide range of people</li> <li>Taking personal and social responsibility</li> </ul>
Adventure & challenge in nature Through experiencing risk and uncertainty students learn about success and failure and how to manage them effectively	<ul> <li>Positive attitude and growth mindset</li> <li>Managing emotions</li> <li>Problem solving and decision making</li> <li>Physical fitness and healthy habits</li> </ul>	<ul> <li>Resilience, self-belief and confidence</li> <li>Motivation to seek out challenges and opportunities</li> <li>Self-control, perseverance, and adaptability</li> <li>Make positive life choices</li> </ul>
Facilitated experiential learning Learn by doing. Students are given opportunities and tools to learn from their experiences	<ul> <li>Self-awareness</li> <li>Values awareness</li> <li>Connecting skills learnt on course to the workplace</li> <li>Goal setting and action planning</li> </ul>	<ul> <li>Reflective learners</li> <li>Finding employment or education that aligns with personal values</li> <li>Professional approach to work</li> </ul>
Te ao turoa The natural world and Kaitiakitanga – Guardianship  Āwhina mai, āwhina atu  Giving and receiving service	<ul> <li>Appreciation and connection</li> <li>Cultural awareness</li> <li>Service ethic</li> </ul>	<ul> <li>Kaitiakitanga - Guardianship</li> <li>Striving to live sustainably</li> <li>Motivation to continue learning about Te Ao Māori</li> </ul>







Daily Activity Diary	Work ethic		
	Communication		
Date-	Problem solving		
	Decision making		
Activity-	Teamwork		
Tick the three skills you most demonstrated	Self-management		
today and give two examples	Confidence		
	Resilience		
Example #1.			
Skill/s:			
Example #2.			
Shill (c.			
Skill/s:			



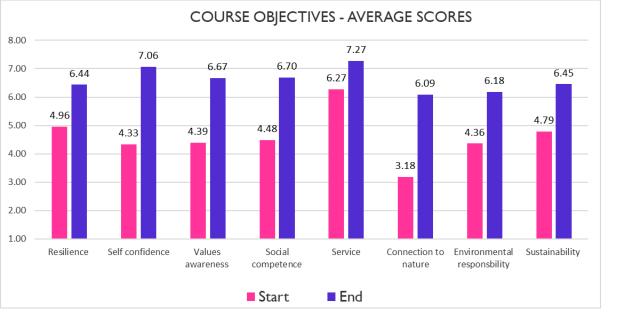
## Where to from here:

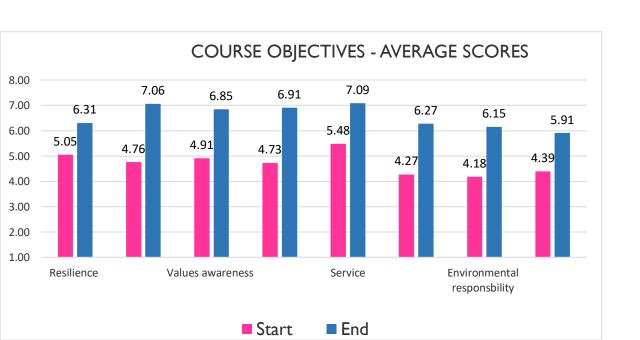
I want to grow these employability skills, and why:				
1.	Because			
2.	Because			
3.	Because			
The support or help I need to grow the	se skills.			
Things I want to work on at work are:				
Things I want to work on in my persona	l life are:			

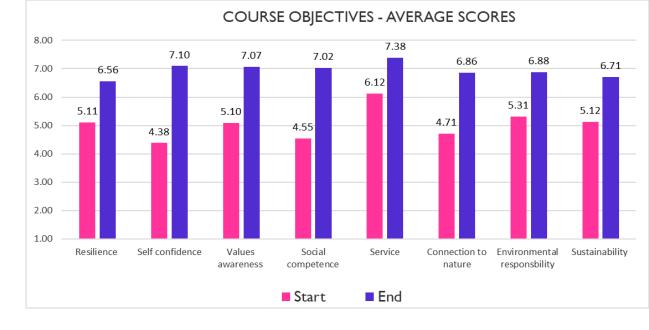
After your course, meet with your employer and tell them about your course. Tell them what skills you want to grow and ask them to support you.

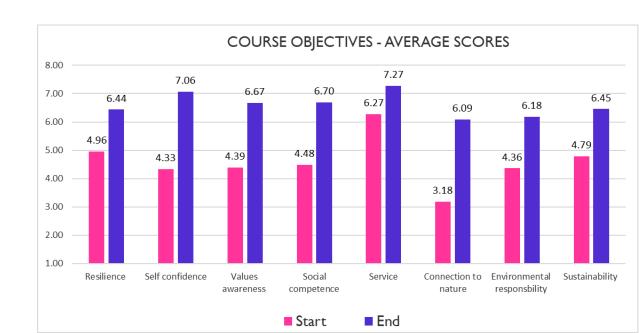
For your employer to complete:

I can support you to grow these skills by:		
-		
-		
-		
To grow these skills, I expect you to:		
-		
-		
-		















THURSDAY 14 - FRIDAY 15 SEPTEMBER 2023 LOWER HUTT EVENTS CENTRE