



Professional Membership Criteria

	Professional Membership Criteria	Hours
A	Aromatherapy and Essential Oils	200
B	Aromatherapy Application	150
C	Anatomy and Physiology	250
D	Aromatherapy Consultation/Treatment	150
E	Current First-Aid Certificate	

	Topic	Hours	Comments
A	Aromatherapy & Essential Oils	200	NZROHA hours required professional membership
	Aromatherapy basics		Introduction to Aromatherapy
	History of Aromatherapy		The history, philosophy and role of aromatherapy and other massage traditions
	Chemistry		
			History of Chemistry
			Botany/Plant Science/Plant biology/Phytology
			Bio-Chemistry/ Chemistry of living things
			Organic Chemistry/ carbon and carbon compounds
			Inorganic Chemistry/ Acids, bases, and metals and their compounds
			Chemical components/constitutes: Esters, Aliphatic Aldehydes, Ketones, Sesquiterpenes, lactones & Coumarins, Oxides, Acids, Aromatic Aldehydes, Monoterpenes, Alcohols, Phenols & Phenolic Ethers, Remainder.
			Properties: Antiseptic, Bactericide, Diuretic, Emollient, Fungicide, Hypertensive, Nervine, Relaxant, Sedative, Stimulant, Tonic, Vasdilator etc
	Photosynthesis		
	Essential oil basics		Common name, Botanical name, Origin & part of plant: Seed, leaves, flowers, resins, roots, fruit, bark, twigs etc
	Essential oils		Varieties
	Carrier oils		Varieties
	Hydrosols		
	Extraction methods		Steam distillation, water distillation, maceration,
	Therapeutical uses		Therapeutic cross-referencing, essential oils/systems/conditions.
	Blending		Dilution & blending ratios, (Top, middle, bottom notes,) Parts of plants & blending techniques & formulations.
	Olfaction		
			The role of Olfaction iin Aromatherapy
			Olfactory bulb



		Oifactory disorders
Pathogens and Infectious Diseases		
		Types of Pathogens and Infectious Diseases
		Identification/Preventive/Post/Palliative
Quality Assurance		Safe handling & storage of essential oils, Alteration, Oxidation, Certified organic, Organic, Wild, Growing conditions & quality, types of quality tests, labelling, expiry date, causes of degradation and spoilage of essential oils and methods of prevention
Safety		NZROHA doesn't support internal use of essential oils , Cautions & Contra-indications, Potential toxicology, Product sourcing, Product use, Physical data, Health hazard data, First-aid, Precautions for use, Personal protection, Safe handling & storage, Fire & explosion hazard information of essential oils etc
Special topics		Palliative care, Pregnancy, Children, Animals, Mental Health, Spiritual etc
Other Modalities		
Continual professional development		
Professional Conduct		Holistic Aromatherapist
		Code of Ethics
		Code of Practice
Business Awareness		
		Governing law
		Legislation
		Health & Safety
		Privacy Act
Business & marketing		

	Aromatherapy Application	150	NZROHA hours required professional membership
	Application		Inhalation, bath, compress, diffuser, suppositories, etc
	Applied application		Holistic aromatherapy massage, transdermal & dermal,
	Other modalities & essential oils application		Reflexology, Massage, Chakra, Reiki, Chiroprator etc
	Special topics - Application		Children, Elderly, Pregnancy, First-Aid, Animals etc

	Anatomy and Physiology	250	NZROHA hours required professional membership
	Anaromy & Physiology		
	Pathology		the science of the causes and effects of diseases, aromatherapy/ essential oils & pathology,
	First-Aid Certificate hours		



	Aromatherapy Consultation/Treatment	150	NZROHA hours required professional membership
	Holistic Consultation		Client consultation, Treatment plans, After care, Home care, Referral
	Holistic Treatment		Client treatment, Self treatment, Animal treatment etc
	Case studies		Holistic Aromatherapy case studies.
	Research papers/Monograph		A highly detailed and thoroughly documented study or paper written about Holistic Aromatherapy or related field of inquiry.

	Current First-Aid Certificate		NZROHA hours required professional membership
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