

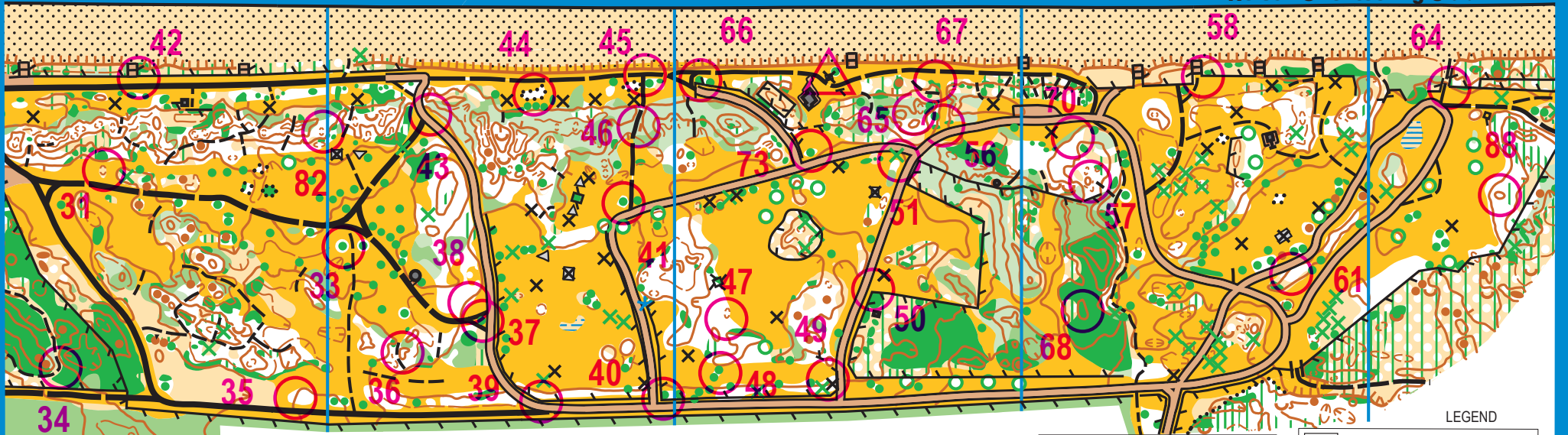


Magnetic North

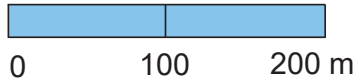
Rabbit Island Permanent Orienteering Course



Nelson Orienteering Club



Scale 1:5000
Contour Interval 2.5 m



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Survey and cartography by Mike Wimpenny 2013/4 from georeferenced Lidar contours supplied by Tasman District Council. Updated by Bryan Teahan, Jan 2019

www.noc.org.nz

31	33	34	35	36
37	38	39	40	41
42	43	44	45	46
47	48	49	50	51
56	57	58	61	64
65	66	67	68	70
73	82	88		

- ROADS/TRACKS**
- Sealed Road, Path
 - Unsealed Road, Path, Stairs
 - Distinct Track / Route

- LANDFORMS**
- Contours
 - Formline (tag downhill)
 - Small hill, Knolls
 - Earth bank
 - Small depression, Pit
 - Large depression
 - Erosion gullies
 - Boulder - small, large, huge
 - Rocky ground
 - Boulder field
 - Impassable cliff
 - Passable rock faces

- OPEN AREAS**
- Open
 - Rough open
 - Open with scattered trees
 - Rough open with scattered trees

- VEGETATION**
- Forest: easy running
 - Forest: slow running
 - Forest: difficult to run
 - Forest: very difficult to run
 - Undergrowth, slow running
 - Undergrowth, Difficult to run
 - Distinctive tree/s, Stump
 - Bush / small tree
 - Distinctive vegetation boundary

- MAN-MADE**
- Fences, High, Ruined
 - Building, Ruin, Canopy
 - Bridge, Wall, High Wall
 - Seat
 - Man-made object
 - Out of Bounds, Construction

- WATER**
- Sea
 - Watercourse
 - Stream / minor watercourse
 - Marsh / indistinct marsh
 - Pond

LEGEND

WHAT IS ORIENTEERING

Orienteering is both a sport and a recreational activity which can be enjoyed by people of all ages and abilities.

Groups or individuals can use this map to locate checkpoints - marked on the map as numbered circles, and on the ground as square metal markers

attached to a feature such as a post.

The markers show a matching number, and a letter code that can be recorded to show that you have found it.



You can choose the length and difficulty of a course to suit your ability. No special equipment is needed to start - such as a compass. Always remember to turn the map so that what you see on the map relates to what you see on the ground around you - eg line up a track on the map with the track on the map.

WANT TO KNOW MORE ABOUT ORIENTEERING?

Nelson Orienteering Club
www.noc.org.nz
orienteering.org.nz
and Facebook

CHECKPOINT DESCRIPTIONS

Code	Feature	Code	Feature
31	between stumps	49	tree
33	tree	50	fence post
34	track bend	51	road junction
35	tree	56	between logs
36	knoll	57	knoll
37	stump	58	fence post
38	bank	61	between trees
39	tree	64	sign post
40	fence corner	65	depression
41	tree	66	end tree
42	fence post	67	between trees
43	road junction	68	knoll
44	middle tree	70	barrier fence
45	road junction	73	tree
46	end of bank	82	knoll
47	south of knoll	88	tree on knoll
48	between trees		

MAP INFORMATION

Look at the legend to find out what the colours, lines and symbols mean.

The scale is 1:5000 - which means 10mm on the map represents 50m on the ground.

COURSE SUGGESTIONS

Find the numbered checkpoints, following the suggested order.

The start/finish for these courses is the noticeboard near the main amenity block where you can check your answers on the display map

A. 0.5km: \triangle - 67 - 56 - 51 - 73 - 66

B. 1.3km: \triangle - 66 - 45 - 43 - 39 - 49 - 50 - 56 - 67

C. 3.0km: \triangle - 73 - 40 - 37 - 33 - 31 - 42 - 45 - 41 - 51 - 63 - 58 - 67

Rogaine (Score event): Set a time limit and see how many checkpoints you can find - in any order. An average runner could cover the whole area in 60 minutes.

Make up your own course!

PERMANENT COURSES

This permanent orienteering course was established by the Nelson Orienteering Club. Other permanent courses are situated at The Botanic (download maps from NOC), Kaiteriteri (maps at the camp office), and St Arnaud (maps at the DOC Visitor Centre).