

TOP OF THE SOUTH ORIENTEERING CLUB



June 1992

Vol II No 6

THE NEXT EVENT !!

SUNDAY 21st JUNE

AT

RABBIT ISLAND

TIME: 10am to 2pm

Map Scale 1:7000

Preliminary information about the Rabbit Island event. Start area is at the East (Nelson end) of the reserve. Controls will be collected from 3 pm. (It gets dark early on the shortest day.)

Green Course 7 km 23 controls Two maps

Orange Course 4 km 15 controls

Yellow Course 2 km 13 controls

White Course 1.4km 10 controls.

String Course As long as the string. Numerous controls.

No Master Maps! All courses will be premarked on your maps. Maps will be at the start area. When told to go, pick up your course map and move to the triangle marked on the grass. Control descriptions will be attached to the map. You will still need to fill in a clip card at registration and present it to the starter. Maps (without courses) will be on display. Green course competitors will complete the first part of their course and return to start triangle for their second map.

Green course is physically and technically demanding. Winning time expected to be 67 mins.

Orange course is a short Green in technical difficulty. Winning time is expected to be 41 minutes.

Yellow course is technically easy and the average time is expected to be 30 mins.

White course is also easy and follows line features all the way.

Green and Orange course people may wish to wear leg covering as some of the area marked "rough open" contains dead blackberry, chopped down pines and tall wet grass. A few more helping hands would be appreciated. Phone the number below if you can spare an hour or so to help.

Planner: Chris Mackintosh Tel: 548 9314

Controller: Jo Kay

COMING CLUB EVENTS

Sun 21 Jun RABBIT ISLAND Details on the front page.
Sun 19 Jul ROUGH ISLAND Next door to Rabbit Island
Sun 16 Aug MAITAI VALLEY On the outskirts of Nelson
Sun 20 Sep TAHUNA BEACH
19/21 Mar 93 Lake Rotoiti, club weekend
START TIMES Between 10am and 2pm at Club events unless otherwise advised
HELPERS Members are expected to help about every third event for 1-2 hours either before or after you compete. Ring planner about 7 days before

EVENTS OUTSIDE NELSON

Various The Secretary receives other orienteering club newsletters from Southland to Hamilton and most points in between. A complete list of contacts for all clubs throughout New Zealand is also held. If you intend travelling and may have time to go to another club event give Doug a ring for further information on dates and venues.

24/26 Oct	CANTERBURY 1992 **National Champs**
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OTHER HAPPENINGS

Mon ⁶1 July Committee meeting 7.30pm, ~~location to be advised.~~
PRESIDENTS. 32 SELBURN AVE
RICHMOND
31Dec/6 Jan Lake Rotoiti, NZOF Conference and pm orienteering

Copy for the next Newsletter to the the Editor by 8 July please

Secretary & Newsletter: 548 9314

HINTS FOR NEWCOMERS - 3

ON THE COURSE Cont -

10. Do not panic if you cannot find the control or think you are lost. Stop and think and try to find out where you are. Do not run about aimlessly hoping the control will appear. Return to your last known position or head for the nearest obvious feature.
11. At club events and only if you have run out of ideas, ask someone where you are, but not where the control is. Do not do this on a 'badge event'.
12. The map is generally as accurate as the mapper can make it and is his or her interpretation of the area. Other mappers might see the area slightly different and you should allow for this when reading the map.
13. Very occasionally a control is in the wrong place, or has the wrong number on it. If you are SURE you are in the right place and there is no control, carry on and mention it at the finish. If the wrong number is on the control and you are SURE it is yours, punch it and mention it at the finish. These mistakes are seldom made.
14. If injured, blow your whistle - six short blasts followed by a long pause and then repeated is the recognised distress signal. You should not use your whistle if you are merely lost. If you hear a distress signal you should stop your course and locate the injured person. Note where you are on the map in case you need to seek assistance.
15. ALWAYS report to the finish, whether you complete your course or not, otherwise other orienteers may start searching for you at the end of the day, believing you to be lost or injured.

AFTER THE EVENT -

1. Discuss with other competitors the route choices they took. Draw on your map the actual route you took, and work out where you made mistakes and how to do better next time.
2. Analyze your courses and see if you are making the same mistakes each event. For example if you always have trouble with the first control, then start more slowly - walk if necessary if you often have problems. On long legs maybe your concentration is wandering.

The first two parts of these hints may be found in the April and May editions of this newsletter.

If you have any additional hints that have helped you and have not been mentioned, please pass them on to the Editor.

To be continued

(Acknowledgements to PAPO)

RESULTS - FAIRFIELD (NELSON) 24th MAY

GREEN Course 5.3 km 15 controls

Graham Andrews	TOP M35	51.22
Bill McEwan	TOP M45	55.22
Kevan Gregory	TOP M35	58.33
Andrew Pethereram	TOP M40	60.17
Peter Syms	- M40	62.08
Upton Group	TOP Gp	63.47
Ian M & Janis C	TOP Gp	72.27
Wendy Barker	TOP W35	74.11
Rob Douglas	TOP M40	78.00
Ian Blackman	TOP M40	81.07
Christine Coshan	TOP Gp	94.06

ORANGE Course 3.1 km 14 controls

Doug Mackintosh	TOP M55	27.08
Paul Wastney	TOP M21	29.32
Stephen Foote	- M18	30.27
Jackie Hoffman	TOP W21	32.00
Andrew Harrington	TOP M12	32.12
Steven Darnold	- Gp	35.06
Gary Renwick	TOP M40	37.52
Warwick Jones & AH	- Gp	39.00
Sam Dalley & Bill H-	Gp	45.13
Fran Andrews	TOP W35	49.41
Cathy Harrington	TOP W40	50.00
B & P Atkinson	TOP Gp	55.06
Anne & Mac Crampton-	Gp	57.23
Ben Ayre	- ?	58.00
Julie Reid	TOP W35	63.23
Edna McNabb	TOP W60	65.17
Bell Group	- Gp	72.15
J McGuinness	- Gp	76.25
Newloves and Ferry	- Gp	81.13
Huygens Group	- Gp	100.15

YELLOW A Cse 1.8 km 14 controls

Scott Group	- Gp	19.30
Thomas & Robert	TOP Gp	28.00
Henry Family	- Gp	29.20
Raewyn Martyn	TOP W12	37.50
Ian Simpson	- ?	M1C

YELLOW B Cse 1.1 km 10 controls

Judith Petheram	TOP W35	13.10
Basil Atkinson	TOP M14	14.30
Andre Verstappen	TOP Gp	16.31
Ben McEwan	TOP M12	17.50
Stallard Group	TOP Gp	18.00
Petheram Group	TOP Gp	23.39
Ralph Upton Group	TOP Gp	25.45
Michael Gregory	- ?	26.00
Juliet Ayre Group	- Gp	29.50
Logan Family	- Gp	34.49
McEwan & Neal	TOP Gp	* 9.44
Gregory Group	- Gp	M1C

STRING Course 11 controls

Lydia Stallard	TOP
Hannah Stallard	TOP
Nicola Gregory	-
Stephen Gregory	-
Andre Verstappen	TOP
Lucy Petheram	TOP
George Petheram	TOP
Tom Scott	-
Ben Scott	-
Ralph Upton	TOP
David Ayre	-
Bethany Andrews	TOP
Clare Andrews	TOP
Robert McEwan	TOP
T Neal	-

*Second Course M1C Missed one control

Not a single DNF!

Well done Paul, good course setting.

A good turnout especially for winter of about 96.



PLANNER'S COMMENT ON FAIRFIELD EVENT

As most people can imagine, when using a street map like Fairfield creating legs with route choice is quite difficult. The only way I found was to make the legs long. I also felt the courses I set were very similar to the last Fairfield event.

Personally I was very pleased with the turn-out, especially with the string course. There were youngsters doing it before Dad (the controller) and I had finished rolling out the string and some even did it four or five times. One of the more amusing



incidents was a very young orienteer who had dashed ahead of her parents on the final straight. The string ended about three metres short of the finish table (so that others would not be tripped up) and when she reached the end she stopped dead and looked quite confused, just 3 metres short of the Finish!

We were very lucky with the weather. the only hazard was the wind blowing the finish and start sheets around, but that was better than if it had been raining as well.

The two changes I made to the usual events was using the IOF symbol control descriptions (as well as the normal written ones) for the Green and Orange courses which was really to add a bit of interest. I also divided the Yellow course into two, Yellow 'A' and Yellow 'B'. The Yellow 'B' course was intended to be one step up from the string course. While the Yellow 'A' was of the same technical difficulty but with extra length.

Thanks to Gary Renwick for his help during the day, Peter Syms for helping after the event and everyone else who made it happen.

Paul Harrington M16

(Editors note: As expected this turned into a family affair for the Harringtons, Tim was the controller, Cathy spent much of the time on registration and Andrew also helped out.)

NZOF ORIENTEERING CONFERENCE

LAKE ROTOITI LODGE Dec 31st - Jan 5th

Conference in the mornings. Leisure walks, orienteering, boating etc in the afternoons.

Limited live in accommodation available at the Lodge at about \$24 per adult meals included. Book through club secretary now, Doug has more details.

NEW ZEALAND ORIENTEERING FEDERATION

NEWSLETTER

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APOC DELEGATES

Alan and Helen Carmen from Dunedin Orienteering Club attended APOC in Japan. They were NZOF delegates to two meetings being held there - one for representatives of all APOC countries to formalise the APOC rules, and a meeting of the IOF Development and Promotion Committee.

COACHING DIRECTOR APPOINTMENT

Congratulations to Michael Wood who has been appointed Coaching Director until April 1993. He will continue with his good work with the coaching network and Junior Training Camps. His work is supported by funding from the Hillary Commission.

NZOF CONTROLERS SEMINAR 1992

Please note: The enrolment date for the NZOF Controller's Seminar to be held at Flock House in August has been brought forward to 25 May 1992. Please register your interest with Ken Holst by this date so he can confirm bookings with Flock House.

NZOF AFFILIATIONS

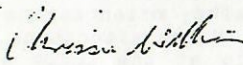
The first instalment was due on 30 April. When sending affiliations to the Treasurer please list details of all members (including members of families) in the following order:

Surname
First Name
Address
Phone
Birthdate
Sex

HILLARY COMMISSION FUNDING

The application to the Hillary Commission for funding for 1992/93 is due on 3 July 1992 - two months earlier than last year. If clubs or individuals have input for this application it needs to be with the NZOF Secretary as soon as possible.

The Management Committee is discussing our application on 22/23 May so it would be helpful to have all ideas before then.


Chrissie Williams
NZOF Secretary

P O Box 18836
New Brighton
Christchurch
Ph 0-3-398 0798



The New Zealand Orienteering
Federation acknowledges the
support of the Hillary Commission

NEW ZEALAND ORIENTEERING FEDERATION

NEWSLETTER



MAY 1992

NZOF VICE CHAIRPERSON

The Management Committee has its full quota of four again with Athol Lonsdale from Taupo as the new Vice Chairperson. Athol has had experience with skiing administration at a national level so will be able to transfer ideas and knowledge from that, as well as having involvement at club level as President of the Taupo Orienteering Club.

SILVA ORIENTEERING CHALLENGE AWARD

The Silva Orienteering Challenge award for 1991 was presented to Judy Martin at the NZOF Annual General Meeting by Michael Proctor, the General Manager of Ampro Sales Limited (NZ agents for Silva). Judy received the award for her work in promotion of orienteering in new areas, especially in the Nelson/Marlborough area. The original nomination was for a joint award to Judy Martin and Laurie Baxter but Laurie received the award already in 1989.

AMPRO SALES AWARD

The Ampro Sales Compass Award for 1991 went to Kapiti Havoc which was the club (which hadn't received the award previously) with the largest percentage increase in membership. Michael Proctor presented Lowell Manning with the box of Silva compasses at the AGM.

HONORARY LIFE MEMBERS

Congratulations to Terry Brighouse and John Davies who were made Honorary Life members of the NZ Orienteering Federation at the AGM. Both Terry and John have been involved with orienteering at club and National level since the early 1970's and have had a number of years on the NZOF Management Committee. The next Mapsport will have more about their histories.

BRIGHOUSE TROPHY

The Brighouse Trophy for 1991 has been awarded to Peter Ambler. Max Kerison was a close contender.

1991 COURSE SETTING COMPETITION

The results of the 1991 Course Setting Competition were announced at the AGM:

Silva Trophy: Bob Murphy	NWOC
2nd: Bruce Collins	Hamilton
3rd: Joy Talbot	PAPD

Currie Trophy: Andrea McDisarmid SOC
2nd: Paul Harrington TOPS

Hamilton Orienteering Club are organising the 1992 Course Setting Competition. Details will be distributed to clubs soon.

COURSE for MAPPERS 6 June

Earlier this month Ken Holst the NZOF Technical Officer came down to Nelson and held a course for club mappers. In addition to the mapping, a Saturday evening session on course setting was also held. Ken's travel costs from his home in Rotorua were provided by NZOF using a grant from the Hillary Commission.

Club members Ian B, Graham A, Martin E, Colin H, Doug M, Ian M, Don S, Margot S and also Peter S started off the day at Waimea Intermediate School with two hours of theory. We concentrated on the field survey part of mapping, only briefly touching the methods used in cartography (drawing up) and printing.

After an area suitable for orienteering has been found and the owners permission has been given, a search is made for the best possible existing maps or airphotos which can be used as a base to start from. We were aware that the farm around the Ngawhatu Hospital looked good, lots of hilly ground but not steep, and also lots of detail in the way of winding streams, slips and banks, and here and there some trees and scrub. The farmer was agreeable and we had an old 1:25,000 map with 15 metre contours. The Hospital lent us a framed air photo and we obtained another from Aerial Surveys Ltd.

SpeedyPrint enlarged the map to 1:5000 using laser print not photo copy and Ken inserted 2 extra contours between each existing one to give us 5 metre ones. A photocopy of just one small part of the map (about 200m x 400m) was given to each of us, which we then covered with draughting film and with a fine 0.5mm lead pencil, our trusty compass, a rubber and a knowledge of pacing we were ready to have a go.

It was a case of walking over every piece of ground, correcting the map where required and adding detail which the orienteer needs. After two hours or so we got back together and compared our work, all of the same area. It was pleasing to see that all maps looked pretty much the same. After the cartographer has copied all the field work onto a single base map and reduced it to a final scale of 1:10000 it should look alright.

HOW TO SET GOOD COURSES

In the evening we were joined by Jackie H, Tim H, Paul H, Bill H, Chris M and Jo K. Ken Holst with the aid of coloured slides and a rapidly moving whiteboard marker pen led us carefully through a minefield of information. After two and half hours we still had more questions but it was about enough for one session.

A good map is an obvious necessity for orienteering, but just as important is a course setter who knows how to plan courses so they will be fair, and enjoyable. The element of luck must be reduced to the minimum. The navigational problems appropriate to the experience of the orienteer. The right mixture of physical challenge and mental test.

Thanks Ken, the NZOF and the Hillary Commission for the help which will enable us to put on more enjoyable orienteering.

THE NZOF ANNUAL GENERAL MEETING

The New Zealand Orienteering Federation (NZOF) Annual General Meeting is held in conjunction with a multi-day event, so that delegates from as far apart as Invercargill and Whangarei can enjoy three or four days of orienteering, as well as attending the AGM. This year it was held at Easter in Wellington, during a four day event. One delegate from each of the 22 NZ clubs should attend and each delegate carries 1 vote for each 25 or part of 25 members, in our case Doug Mackintosh represented our club with 3 votes for our 60 members last year.

For the rest of the year outside the AGM, the routine management and minor decision making for NZ Orienteering is made by a small management committee consisting of a chairperson, vice-chairperson, wsecretary and treasurer who meet bi-monthly to handle the hundreds of national and international matters that flow into the secretary's letterbox.

As a democratic organisation any of you as club members can put your opinions/suggestions to the club committee which then decides if or not to take it further to the AGM. At the AGM each club delegate votes as his/her committee has directed, this can include authority to vote at their own personal discretion after hearing views put forward by other clubs.

Of the 22 NZ clubs, 14 were represented, 4 sent proxy votes, 3 were not represented, and 1 did not have a vote. During the meeting 3 members had to leave early which barely left a forum of 11 clubs. It was a bit disappointing for the one chance a year to express democratically the wishes of our 1,400 or so members.

The NZOF Newsletter contains extracts from the meeting and our Secretary holds a full copy of the minutes for any member to see. Other items that may be of interest are:

Affiliation Fees for 1993 remain the same as 1992

(Senior \$16, Junior \$10, Family \$42) (We pay next year)

The NZOF budget was approved with very little change.

Only 7 clubs stated they had applied for Hillary Funds.

Laurie Baxter and Judy Martin have dropped their commitment to Kiwisport Orienteering to concentrate on other O activities.

The remit requesting support for the proposed World Cup in Auckland 1994 was withdrawn pending more information.

The APOC meeting in Wellington 1994 is proceeding to plan.

The Nationals are to be held earlier in the year, possible May or June (from 1994)

A levy will not be raised to support MAPSport (lost 22/23)

A week's orienteering camp and conference to be held at St Arnaud Dec 92/Jan 93 (Not a TOP responsibility)

Michael Wood gave a briefing on the state of coaching and the production of the Development plan.

Three selectors elected -- Graham Teahan, Ann Scott and Robyn Davies (who joined with us at Rotoiti)

Sub-committees:- Kiwisport and Promotion/Publicity - both vacant

Fixtures - Les Warren Badge - Bryan Teahan

Selectors - Wayne Aspin Training Squad - David Puddephatt

Technical - Ken Holst Property - Jim Lewis

The NZOF Executive is :-

Chairperson	Stan Foster of NW (Auckland)
Vice-Chairperson	Athol Lonsdale of Taupo
Secretary	Chrissie Williams of PAPO (Christchurch)
Treasurer	Barrie Foote of Dunedin

TOP of the SOUTH ORIENTEERING Club MEMBERSHIP

ANDREWS	Fran	2/10 King St	N 548 3719	57	W35
ANDREWS	Graeme			56	M35
ATKINSON	Pamela	10 Cherry Av	N 547 5055	44	W45
ATKINSON	Basil			78	M14
BENNETTT	Neville	53 Roto St	N 548 5688	48	M40
BENNETT	Rene'			81	M12
BLACKMAN	Ian	32 Selbourne Dr	R 544 8670	51	M40
REID	Julie			54	W35
COSHAN	Christine	26 Endeavour St	N 546 7832	57	W35
DOUGLAS	Rob	547 Rocks Rd	N 548 5003	51	M40
ETHERINGTON	Martin	PO Box 3046	R 544 0430	60	M21
GREGORY	Kevan	102 Tosswill Rd	N 546 4555	55	M35
HARRINGTON	Tim	7 Ngatiawa St	N 548 8801	48	M40
HARRINGTON	Cathy			48	W40
	Chris			73	M18
	Paul			76	M16
	Andrew			80	M12
HARRHY	Gayl	174 Tasman St	N 548 0439	73	W20
HOFFMAN	Jackie	65 Mount St	N 546 8622	63	W21
HOPE	Colin	12 Burden St	B 578 4611	55	M35
HOWAT	Bill	PO Box 1165	N 546 7410	59	M21
KAY	Rob	12 Porrit Place	S 547 6473	54	M35
KAY	Jo			58	W21
MACKINTOSH	Doug	230 Collingwood	N 548 9314	35	M55
MACKINTOSH	Chris			48	W40
MARRIOTT	Ian	Todd Valley, RD1	N 545 1490	55	M35
CRAMPTON	Janis			58	W21
MARTYN	Sue	6 Surrey Rd	R 5444728	48	W40
	Graeme			48	M40
	Phillip			79	M14
	Raewyn			81	W12
McEWAN	Bill	4 Endeavour St	N 548 4051	44	M45
STRANG	Bronwen			47	W45
McEWAN	Jamie			77	M16
	Ben			80	M12
	Robert			82	M10
McNABB	Edna	45a Domett St	N 548 2262	27	W65
PARTRIDGE	Gillain	9 Barrington Way	N 546 8111	39	W50
PETHERAM	Judith	24a Examiner St	N 548 0565	55	W35
PETHERAM	Andrew			50	M40

SNIPPETS

Stop the search! The ten lost controls have been found, they had been borrowed by Ranzau School. Good to hear that another school is into Kiwisport Orienteering.

A warm welcome to more new members, the Petheram and McEwan families, Paul Wastney and Jackie Hoffman.

The secretary has received some advance information on the Nationals on Labour weekend. There will be four events over the three days - that can be compared with four months worth of orienteering all at one time, how is that for a bargain? Two days are on the northern edge of Christchurch, with the third day near Amberley about 50 km north. There will be something like 15 different courses, and in some grades A, B and C levels, so it does not matter how much experience you have there will be a course to suit you. As it is Labour weekend, accommodation may be limited, so it would be wise to start thinking about it now. One suggestion is the Spencer Park Holiday Park which is on the coast and quite close to the events. Doug is holding one brochure for those who are interested. The Nationals are great fun and are usually in the North Island, so, grab the chance when you can - 4 events in 3 days

Anne Stanton has submitted an application for a grant from the Canterbury Trust Bank. We are still waiting on Nelson City's decision on our request to them, keep your fingers crossed.

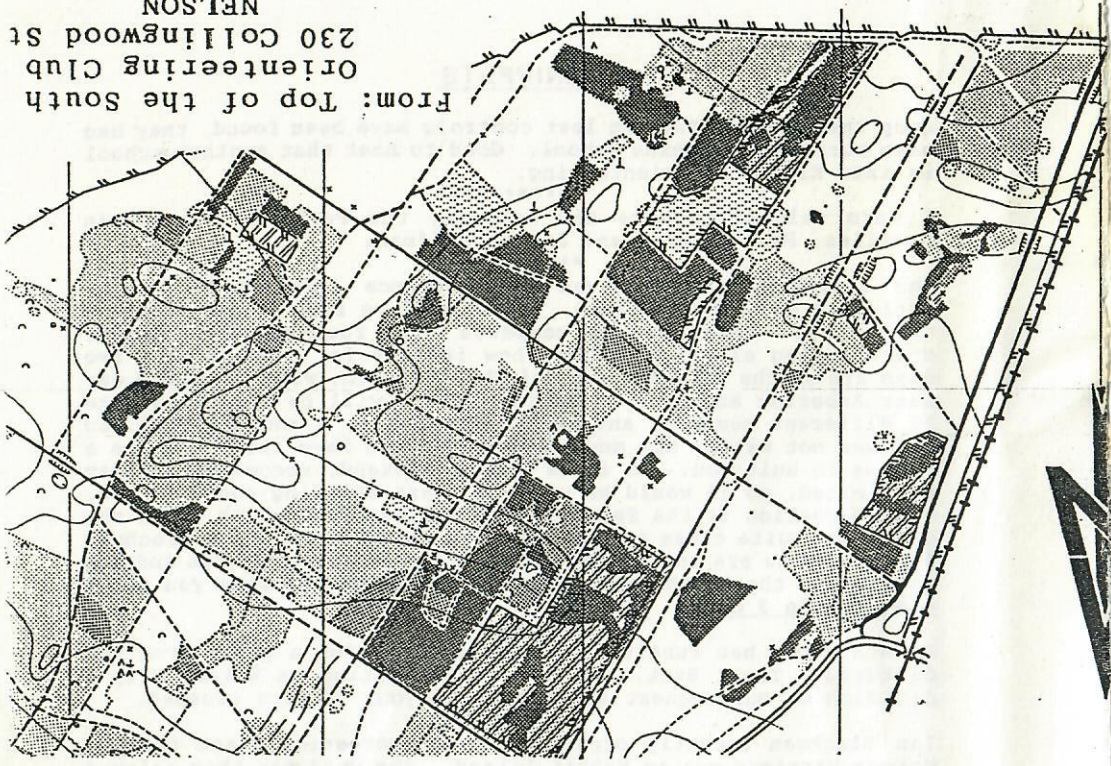
Ian Blackman recently organised an orienteering event for the Waimea Harriers out on Rabbit Island. The word was they enjoyed it.

The legendary Peter Snell the former world record holder and Olympic champion returned to NZ for visit last month and attended the North Island Orienteering Champs in New Plymouth.

PETERSSON	Garry	6 Griffin St	R 544 5135	M40
RENWICK	Gary	170 Quebec Rd	N 546 7037	M40
STALLARD	Tony	43 Alton St	N 548 2947	M35
BARKER	Wendy			W35
STANTON	Anne	6 Freyberg Av	S 547 9947	W45
STANTON	Don			M45
	Scott			M12
	Kit			M10
SYMS	Margot	Brandy Creek RD2	W 543 3833	W40
UPTON	James	263a Nayland Rd	S 547 3473	M35
UPTON	Philippa			W35
	Thomas			M12
	Alastair			M10
VAN GESSEL	Marjorie	2 Brookside	N 546 9553	W35
VAN GESSEL	Herman			M35
VERSTAPPEN	Eric	18 Melrose Tce	N 548 0322	M35
VERSTAPPEN	Heather			W35
WASTNEY	Paul	6 Black St	N 547 7043	M21

N = Nelson, R = Richmond, B = Blenheim, W = Wakefield,

NELSON
230 Collingwood St
Orienteering Club
From: Top of the South



Hillary Commission
FOR RECREATION AND SPORT

*The
New Zealand Orienteering
Federation
acknowledges the support
of the
Hillary Commission*