

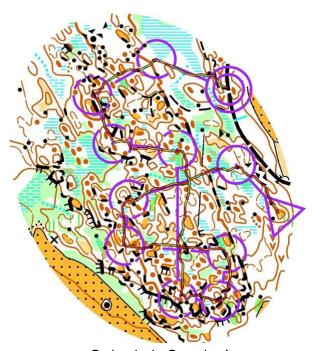
June News

Kia ora,

I write this piece after arriving in Europe to begin the final preparations towards the World Orienteering Championships. At a recent training, someone described their route choice as "surfing the contour", an analogy I had never heard before but found most entertaining.

Orienteering is on a massive growth trajectory across the country and it is awesome to see it being added to the intermediate-aged tournament, the <u>AIMS Games alongside surfing for 2024</u>. Whether you are surfing a wave or a contour, I believe it is so important to get outside and move through nature.

The upcoming calendar is packed with plenty of orienteering and rogaining to satisfy your navigational cravings. A slight error on my part in the last newsletter, if you are happy to help with the South Island Secondary Schools then please reach out to Annemarie (sissoc2023@gmail.com) if you are available. I have no doubt we will NOC it out of the park once more.



Ophoria in Sweden!



For those interested you can follow my approach into the World Champs via the links below. https://www.facebook.com/mtn.mogd001 https://mogd001.com/

Matt O

Upcoming Events

Event	Location	Dates	Time	Categories	More Info
NOCturnal Rogaine Series	Grampians 2hr	Wednesday 14th June	Maps from 5:30pm	Public	Look out for the entry link on the event website
	Stoke Valleys 1.5hr	Wednesday 28th June			
	Tahuna Hills 1.5hr	Wednesday 26th July			
	Rough Island 1.5hr	Wednesday 9th August			
	Dellside 1.5hr	Wednesday 23rd August			
TSS Orienteering Champs (Open to the Public)	Tunnicliff	Sunday 25th June	Registration from 10am, starts from 10:30am-12pm	Yr 7&8 boys and girls, junior boys and girls, senior boys and girls, general public	Look out for the entry link on the event website
SISS Urban Relay Champs	Tahuna Beach	8th July	9am-12pm		Pre-registration for SISS events is required. For more info and to register click here
SISS Sprint Champs	Founders Park	8th July	2pm-5pm		
SISSI Long Champs	Rabbit Island	9th July	10am-1pm		
NZ Secondary School Rogaine Champs 2 or 4 Hour (Open to Public)	Within a 20- minute drive of Blenheim, info here	11th July	ТВА	Full category info <u>here</u>	Schools Entry Public Entry



NZ Secondary Schools Champs Long (Open to Public)	Bastion Cloudy Bay Business Park, Blenheim	Thursday 13th July	First starts at 10am	Full category info here	More event info here
NZ Secondary Schools Champs Sprint (Open to Public)	Blenheim CBD	Friday 14th July			
NZ Secondary Schools Champs Relay (Open to Public)	Wither HIIIs MTB Park, Blenheim	Saturday 15th July			
PAPO Heights of Winder Rogaine	Cheviot	Saturday 1 July	Rego & maps from 7am 12-hour - 9am start 6-Hour - 11am start	Men, women, mixed, junior, open, veterans, super veterans, ultra veterans	PLBs compulsory for 12-hour teams More details here Enter here

See our <u>Events</u> or <u>Facebook</u> pages for all of our upcoming events and details (and results after each event). We endeavour to keep all details up to date, but please let us know if you have any questions or see any discrepancies.



Autumn Muster Rogaine



The Marlborough Orienteering Club held another stellar Autumn Muster Rogaine on the 30 May. The event also doubled as the Nelson Tasman Secondary School champs. The weather was bleak in the morning heading towards the course at Lakeview Station, just south of Blenheim, but



with incredible luck, the sun came out just in time for the start. Ninety-two teams came out to enjoy 3 hours of slogging up hills and sliding down gullies. The treacherous under-runners even had some of us taking flight $\mbox{\ensuremath{\square}}$



The Seddon Fire Brigade put on a post-race BBQ that was much appreciated and much devoured by hungry runners. I caught up with the Bonny family over burgers to hear how their race went. Their 12-year-old son Isaac did an impressive job navigating the team of four through many of the legs. I asked Isaac about his biggest win, biggest challenge and biggest lesson learned during the race.

What was your biggest win?

Isaac: "I thought checkpoint #82 was going to be hard to find because it was way down a gully, but I just casually looked down from the ridge where we were standing and thought, hey, I think I see it! It was very serendipitous and nice to just drop into the gully without having to think about it too much."

What was your biggest challenge?



Isaac: "Getting distracted at checkpoint #100. I thought it was in the middle of a creek, so we ran around the area, but we couldn't find it. It was actually up the bank tucked away a bit more from where we were. There were so many teams in the creek that I thought, everyone else is down here, I'm sure we'll run into it. It was definitely a moment when I realised you have to stop and look at the map for yourself."

What was your biggest lesson learned?

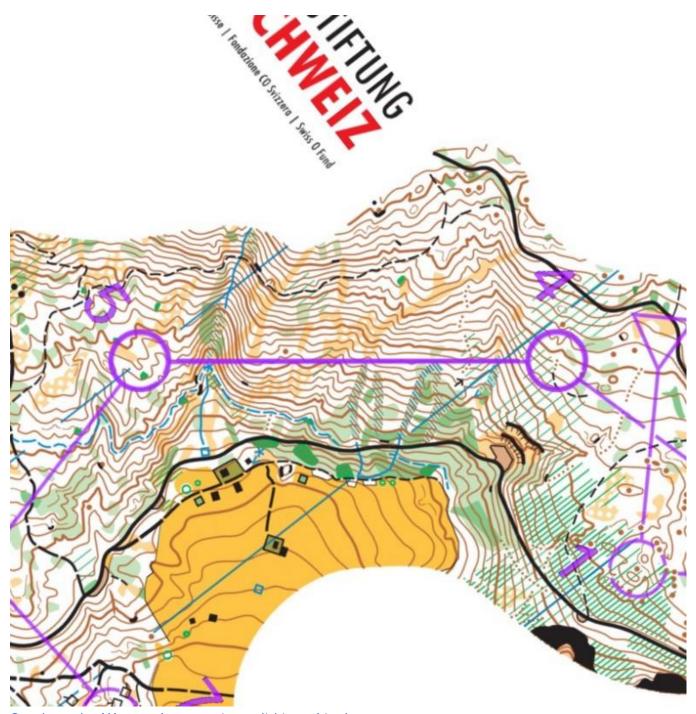
Isaac: "Scale is important. Checkpoint #62 looked a long way down a gully, so we decided to pass on it because we thought it would take too long to get there. But when we spotted the checkpoint, we saw that it wasn't as far down as we thought and we could have got it, but we were too far in the other direction to go back at that point."

Lots of great lessons in here from Isaac! Overall, Amber Bonny said the family had a great day out in a beautiful location.

Route Choice Challenge

WOC Test Races Middle Distance, Alpine Hillside, Switzerland
We had 3 New Zealanders competing in this test race: Tim Robertson (17th) Florian Schneider
(22nd) and local legend Amelia Horne (51st).
What would your route choice be from 4 to 5?





See how the Women I competitors did it on Livelox

Thanks for reading! See you next month.