

October News

Kia ora,

I hope this message finds you well. An update on the committee, who are behind the management of the club. Usually, we would look to make any significant changes to the committee at the AGM which is held in December. However, I have very recently accepted a position in Christchurch for which I will be moving there and am therefore stepping down as President of the club to focus on this.

In the interim Daniel (Secretary) and Michael will lead the committee but I encourage you to consider joining at the AGM. Specifically, NOC will need to find a new President for 2024 but the committee always welcomes new faces to provide input and direction.

Happy navigating,
Matt Ogden

On behalf of the club, I would like to extend a huge thank you to Matt for leading NOC as President for the past two and half years. Matt dedicated a huge amount of his time to the club during these years; He ensured NOC continued to be a strong club, he led the club and a strong team of members, to deliver a successful and high quality club Nationals in 2022, and he also saw through the club obtaining a new trailer. While we will miss Matt's leadership, we wish him the best for his endeavours in Christchurch.



Matt racing in Czechia at World Cup 3 earlier in the year

Upcoming Events

Event	Distance	Location	Dates	Time	Categories	More Info
Saxton Fields Club event	Short, middle, long	Saxton Fields	Sunday 19th November	10am - 1pm		Keep an eye out on the website
Isel Park Club Event	Short, middle, long	Isel Park	TBC	10am - 1pm		Keep an eye out on the website
Ro Train AGM	Mystery	Founders Park	Sunday 10th December	10am - 1pm		Keep an eye out on the website
Australasian 24 hr Rogaining Champs	3, 6, 15 & 24 hr	Lake Tekapo	16-17th December	TBA	Championship and non championship categories	More info here
Oceania Sprint Champs	Lonely Mountain Sprints	New Plymouth	26-29 January	TBA	Championship and non championship categories	Early-bird Registration closes Monday, 17th July. Enter here. More info
	Auckland Triple Crown Sprints	Auckland	3-6th February	TBA		
Katoa Po Night Relay and Explorer	Relay and 3 hour rogaine	Taupo	9-10 March 2024	TBA		More info to come

See our [Events](#) or [Facebook](#) pages for all of our upcoming events and details (and results after each event). We endeavour to keep all details up to date, but please let us know if you have any questions or see any discrepancies.

AGM and Volunteers

The AGM is coming up in December, a new Club President and Treasurer will be appointed. If this is something you are interested in or have more questions about, please email Daniel at

noc.secretary@gmail.com . If the AGM isn't persuasive enough to come along, Daniel is planning a fun rogaine but with a twist. Be sure not to miss out!

If you don't want to wait until the AGM to get involved with the committee, we welcome new members year round, please email Daniel at noc.secretary@gmail.com as well





Nelson Relay team composed of Eddie, Tide and Zefa, pictured at the finish line. The team placed second in the mixed open relay at Nationals over Labour weekend.

Symbol of the month

Cliff

A cliff or rock face, it may or may not be passable.

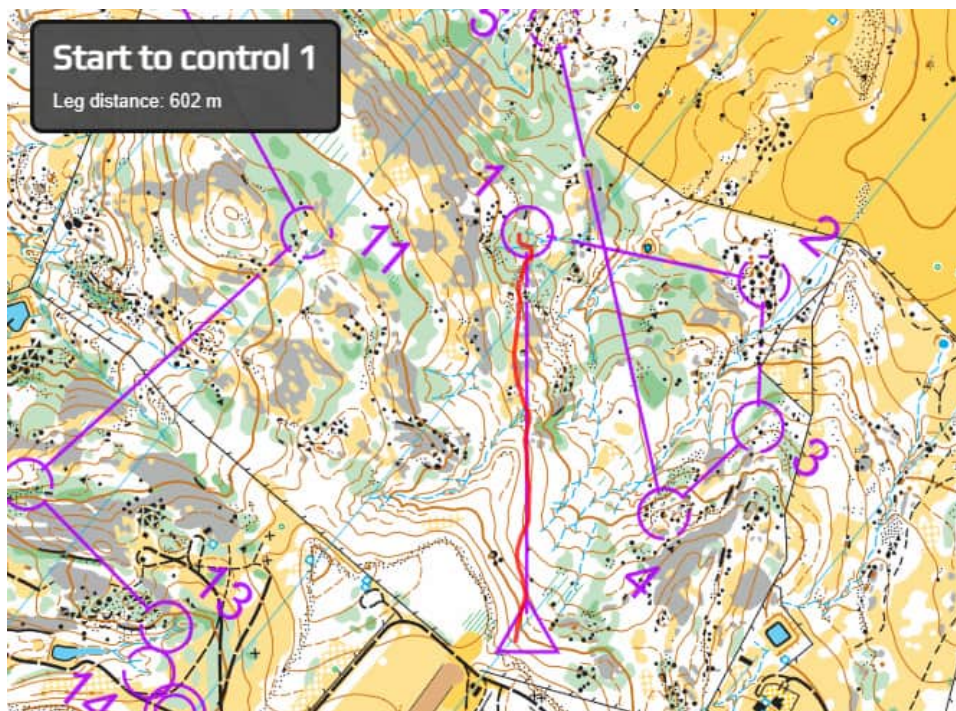
Map	Example Control Description	Text description	Terrain							
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29			M	2						

Australian Schools Champs

Earlier in the month, club members, Riley, Eddie, Zefa, Tide and Lani, travelled to Perth, Australia to race as part of the NZ School's Orienteering Team. They competed in 7 events over 9 days, including the Australian Schools Orienteering Champs and the Australian Orienteering Champs, they all had successful races which they can be proud of. We caught up with Riley, to chat about his experience and route choice analysis.

We raced 7 events in 9 days and my favourite was definitely the Australian Relay Champs where I placed 2nd, running with Eddie and Felix from Christchurch. The terrain was very fast and open with the straight route generally being the fastest.

In the Australian Schools Long Distance the first leg of the race was very interesting as it was quite easy to lose direction and make a mistake. The day was quite hot getting up to the mid to late 20s so mental toughness was key to having a clean race.



For this control I made sure to sidle around the spur until I crossed the first stream. Then I followed the clearing and bare rock to get me most of the way to the control. From there I took a bearing before bashing my way through some green, crossing two streams then following the third to the end, where the control would be.

Other routes that people took were, taking the stream slightly to the right of the line most of the way to the control before coming up at the control from below using a large rock on a hill as their

attack point. Most of the forest races consisted of these legs where the straight route was almost always the fastest.



Now moving to the urban races, the last day of the carnival was the Australian Sprint Championships run at Karbomunup, two very intricate school campuses beside each other on a hill. The most interesting leg was the 4th, stretching from one side of the map to the other.

As the control was early on in the race I didn't have much time to plan so I just ran this route as it was the first one I saw. However, it was not the fastest route. Cooper Horley from Australia ran this leg in 2:00 (Green line), whereas I ran it in 2:22 (Red line). On my route, I navigated in and around buildings for a significant portion of the leg, which caused me to slow down. On the other route you can sustain a high speed almost the whole way around the leg as you are barely navigating and running on a road almost the entire time along straighter lengths.

It was my last year in the team, having been selected each year since 2019. If you want to learn more about orienteering I highly recommend travelling to compete in Australia.

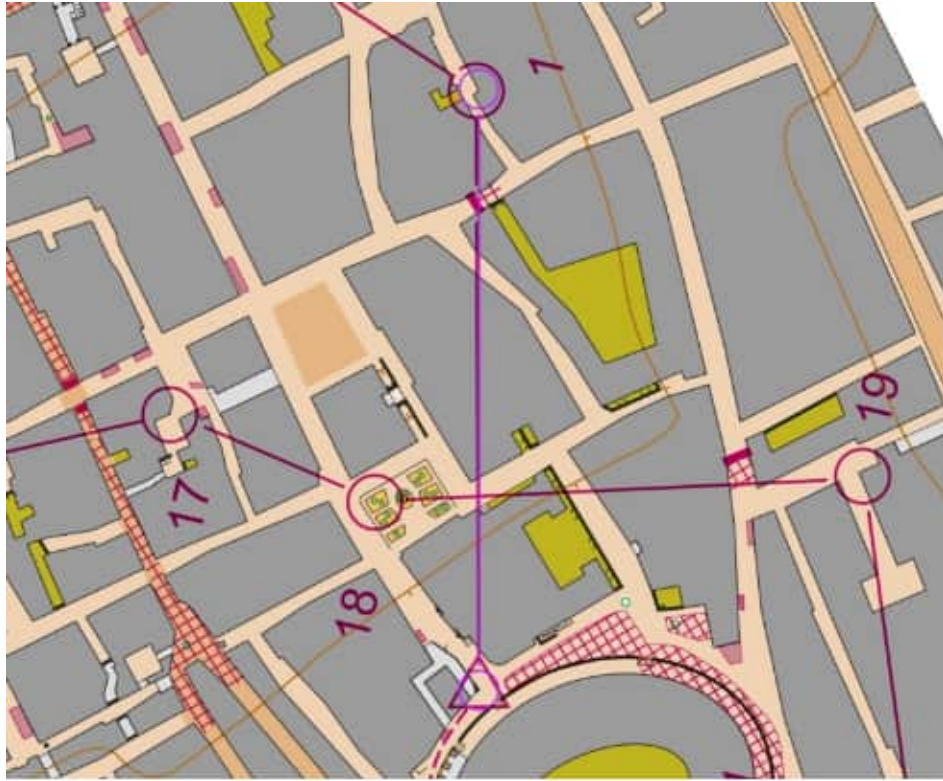
Route Choice Challenge

Earlier this month saw the European Orienteering Champs and the final round of the World Cup underway in Verona, Italy. Included below are some route choice legs and analysis in the Mens individual sprint,

Route Choice:

Take a look at the two maps below and choose your route.

First leg in the Mens Sprint:



Leg 3-4 in the Men's Sprint:



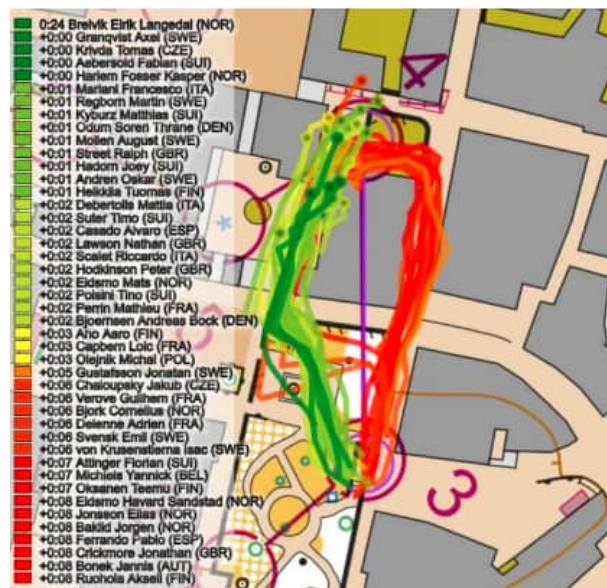
Route Choice Analysis:

First leg in the Mens Sprint:



A tricky route choice right out of the blocks, with some artificial barriers to catch people out. Going right you end up doubling back on yourself, so left is the favourable route choice.

Leg 3-4 in the Men's Sprint:



Note that there is some GPS error in this screenshot. Left was again the better route choice, with those going right losing at least five seconds.

Thanks for reading! See you next month.