October News

Kia ora,

I hope this newsletter finds you well, the warm weather is really starting to set in and the longer days are making getting out after work that much easier. Spring is awesome!

September saw the return of the hugely popular Wiley Weka after a three year hiatus! A massive thanks to Richard Dunn and Georgia Whitla for planning and controlling a superb rogaine. St Arnaud offers some of the trickiest orienteering around but it sure is spectacular and a real gem for the club. Results are on the NOC website, we will return to St Arnaud for one day of the South Island Champs in January 2023.



<u>Wily Weka Livelox</u> - feel free to add your GPX route to see where you went. If you need help message NOC on facebook or email me (president.noc@gmail.com).

Read below for some exciting News celebrating recent successes by our club members - Nathan Fa'avae a world champion once again and our juniors doing us extremely proud against the Australians in their National Championships.

The upcoming period is relatively quiet on the local orienteering front, but there are a few competitions elsewhere in the country which will have strong NOC representation. We are beginning to shift focus towards 2023 and next year's programme of events. We need planners and controllers for our events so please reach out if you would like to have a go at organising an event in 2023. We will offer the necessary support by partnering you with a more experienced club-member. It is a very rewarding process delivering an event, a great chance to meet people in the club and ultimately to improve your own orienteering/rogaining. If you are interested then

please don't hesitate to get in touch. There are already murmurs starting of one Senior Hydrologist coming out of organising retirement to bring us a special event next year.

Keep moving forward, Matt O

Upcoming Events

See our <u>Events</u> or <u>Facebook</u> pages for all of our upcoming events and details. We endeavour to keep all details up to date, but please let us know if you have any questions or see any discrepancies.

- 16th October Victoria Domain, Picton
 - Starts 10:30am 12pm.
 - Courses for beginners and more experienced.
 - o Pre-entry required, entries close October 13th.
- 22-24th October Tūāraki North Regional Champs, Woodhill Forest, Auckland
 - Each day will be a multi-day distance length (slightly shorter than a "long"), with a chasing start on day three.
 - Pre-entry required, entries close October 12th.
 - Further details can be found here.
- 11-13th November South Island Orienteering Champs, Tekapo
 - Distances: Sprint, Middle and Long.
 - o Pre-entry required, entries close November 8th.
 - Further details can be found here.
- 19 November NZ Rogaining Champs, Te Anau
 - o 3, 6, 24 hour options.
 - Further details can be found here.
- 19-20 November NZ MTBO champs, Rotorua
 - Long and middle.
 - Further details can be found here.
- 3rd December Fare-The-Well Rogaine
 - 3hr or 2hr Rogaine Farewell Spit, Golden Bay
 - Further details can be found here.
- December AGM and Final Event of the year
 - More details to come.
- 2023
 - January 28-30th South Island Champs, Nelson
 - o February 4th-6th Southern O Week, Christchurch
 - Stay posted for more events in 2023.

News

Adventure Racing World Championships

Congratulations to Nathan Faavae and his Avaya teammates for taking out the win and ensuring to put on a good race for all those dot watching.



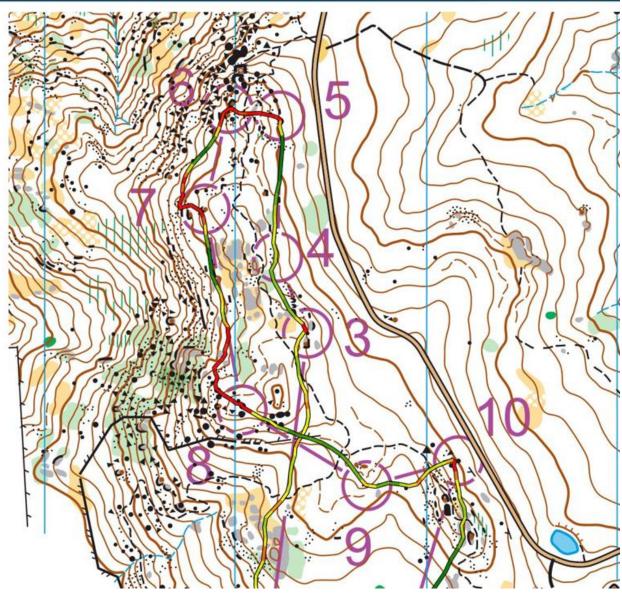


https://www.sportzhub.com/article/adventure-racing-world-championships--avaya-winners-reports.html?fbclid=IwAR3nEzC9ZQGfN_x5jF6xlcQ4pWWgOQDAx-XmmwWrLoOCAkOGclzWuac_GOg

Australian Orienteering Champs and Schools Competition

Congratulations to our club members, especially our juniors, who raced in Australia at the end of September in the of Orienteering Champs and Trans-Tasman Schools Competition. There is a collection for very good summaries onour <u>Facebook</u> page from each event. The stand-out performance was Zefa taking GOLD in the Australian Schools Individual Competition.

AUSTRALIAN SCHOOLS LONG CHAMPIONSHIP GOLDFIELDS 3 DAY - DAY 2



Part of Zefa's winning route. Quite different terrain to what we have in New Zealand!

Lani Murray has summarised her time in Australia.

"The first day was horrendous because we had to get up at quarter to 3 in Takaka and I didn't get to go to bed until the equivalent of 11 pm New Zealand time. A very long day for me. Along with hours of waiting time between destinations. We also did a map walk on the first day to see the terrain. Lots of gold mines, pits, gullies, and waterways. It was very dry and unusual to see when walking down a creek with no water. Amazing animals such as kangaroos all over the place, ants, and different beautiful birds, plus some very noisy ones.

Early in the week, I didn't enjoy running as I was quite sick which affected how well I did in my races but once I recovered a bit, my placings improved. My best runs were in the two relays later in the week which I really enjoyed. The food on camp was pretty bad and I survived off what my parents supplied. We had briefings most nights after dinner, where we discussed plans, went over our latest runs, awarded someone with OTed, and had some great orienteers give us lectures on how to improve. Each day the maps and forest were very different from what I was used to with most of it very open and especially on the long-distance days had kangaroos bouncing around everywhere which was really cool.

Unfortunately, we didn't go sightseeing anywhere besides the bush, except the hanging rock, where we saw a koala high up in a tree. It was definitely more enjoyable to have my friend Karin with me, she made the experience a lot better than it might have been without her. Overall while it was quite a tough week for me it was amazing to run in a different country."



Thanks Lani!







National Orienteering and Sprint Leagues

The National Orienteering league kicks off at Labour weekend, at the northern champs in Auckland and the sprint league kicks off at South Island champs in Tekapo. See the dates for the leagues below.

National O League

Round1: 22-23 October – Labour Weekend day 1 and day 2 (Woodhill Forest)

Round 2: 12-13 November – SI Champs 2022 middle distance (Burke's Pass), long distance (Tekapo)

Round 3: 29-30 January – SI Champs 2023 long distance (Caanan Downs), middle distance (Rotoiti).

Round 4: 8-9 April – ONZ Champs middle distance and long distance (Hawkes Bay)

Round 5: 3-5 June – Kings Birthday 2023 (Counties)

National Sprint League

Round 1: 11 November – SI Champs 2022 sprint distance (Geraldine)

Round 2: 4-6 February – Southern O Week individual sprint (Lincoln), KO sprint (TBA), sprint relay (TBA).

Round 3: 7-11 April – ONZ Champs sprint, follow-on KO sprint