


TRUST-BASED RELATIONAL INTERVENTION®

Caring for Kids From 'Hard Places'



Trust-Based Relational Intervention® (TBRI) is a whole-child, attachment-based, trauma-informed, multi-systemic, evidence-based intervention which has proven to be successful for children who have experienced relational trauma (abuse, neglect, domestic violence or institutionalisation). It is a practical therapeutic model that shows professionals and carers how to provide effective support and treatment for these children.

Because of their histories these children have changes in their bodies, brains, behaviours, and belief systems. It is often difficult for them to trust loving adults in their lives, which results in perplexing behaviours. While a variety of parenting strategies may be successful some of the time, children from hard places need care that meets their unique needs and addresses the whole child.

TBRI® uses Empowering Principles to address physical needs, Connecting Principles for attachment needs, and Correcting Principles to disarm fear-based behaviours. TBRI® interventions are based on years of attachment, sensory processing, and neuroscience research; however, the heartbeat of TBRI is still connection. The approach is effective because it is founded in research on how optimal development should have occurred and applies these principles to help troubled young people to return to their natural developmental trajectory.

The learning goals for this one day TBRI® introductory training are:

- To provide research informed insight about the impact of a child's history on their long-term development.
- To enhance understanding about how to interpret young people's behaviour and to respond appropriately.
- To provide a practical framework for the successful application of the TBRI approach.

TBRI® offers practical tools for helping professionals, caregivers, parents, and teachers who want to see the children they are working with or caring for reach their highest potential. Although the primary focus is on children cared for children, the principles and strategies of this approach are effective for any child or young person who has come from a 'hard place'.

Created by [Dr Karyn Purvis](#) and [Dr David Cross](#), TBRI® has actively engaged in research that not only demonstrates the efficacy of TBRI® as an [evidence-based intervention](#), but also in research about how to grow trauma-informed organisations and communities.

[Click here](#) to watch a video on TBRI®



Our TBRI® trainers are experienced clinicians with a passion for working with children with developmental trauma across therapeutic, foster care and residential care settings. They are authorised TBRI® Practitioners having travelled to the Karyn Purvis Institute of Child Development in the USA to obtain their qualifications.

Booking process:

1. Request a quotation.
2. Agree upon a delivery date.
3. Pay the booking deposit.
4. Finalise balance of booking fee one month prior to the training.

We include:

- Presenter travel and accommodation costs.
- Copy of handouts (if applicable).
- Individual attendance certificates for all participants (first name, last name and email required)

To request a quote contact
office@compassaustralia.com.au