

As heard on
ABC Western Plains



NEURO-DEVELOPMENTAL THEORY TO PRACTICE



Brain-based Approaches to Whole-child
Development from Infancy to Adolescence

18 NOVEMBER 2020

TARONGA WESTERN PLAINS ZOO

Karen Young, author of the best selling Hey Warrior! book for children with anxiety, presents a dynamic new workshop on the Developing Brain

Neuroscience is transforming our understanding of being human, from infancy through adolescence and into parenthood, leading to improved practice across all areas of child development and family support. As the need for neuro-scientific knowledge amongst practitioners increases, its convergence with key approaches to attachment, trauma, and learning have seen watershed changes in how we understand and support optimal development, behaviour and social emotional wellbeing.

This dynamic new workshop from Karen Young, the best selling author of Hey Warrior, shows how modern practitioners can synthesise the latest (often complex) neurodevelopment research into practical brain based approaches to treatment, education and parenting/ carer support.



Karen Young appears regularly on ABC Western Plains, translating the neuroscience of anxiety and every day life into meaningful advice for all ages. Karen founded the popular website, Hey Sigmund, attracting millions of readers each year worldwide and wrote the best selling Hey Warrior book for young people about anxiety.



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