

Appendix Three – Clothing List

Initially you will all need at least **FIVE** complete outfits (the more the better, as you are not then relying on washing and drying when you are already pressed for time). Medium term you will need to consider the change of seasons and the additional clothing required for these.

Adult (Female Size =)

- Underwear (knickers and bras)
- Socks
- Jeans/Trousers
- Skirts/Shorts
- Tea shirts
- Blouses
- Cardigan/Jersey/Sweatshirts
- Nightwear x 2
- Slippers
- Shoes

Adult (Male Size =)

- Underwear
- Socks
- Jeans/Trousers
- Shorts
- Tea shirts
- Shirts
- Jersey/Sweatshirts
- Nightwear x 2
- Slippers
- Shoes

Children (Size = Size = Size = Size =)

- Underwear
- Socks
- Trousers/Track pants
- Skirts/Shorts
- Tea shirts
- Blouses/Shirts
- Cardigan/Jersey/Sweatshirts
- Nightwear x 2
- Slippers
- Shoes

If it is winter you will require warm clothing and outer layers of jackets/coats. Remember to include extra footwear e.g. Gumboots.

Collect as many clothes hangers as possible.